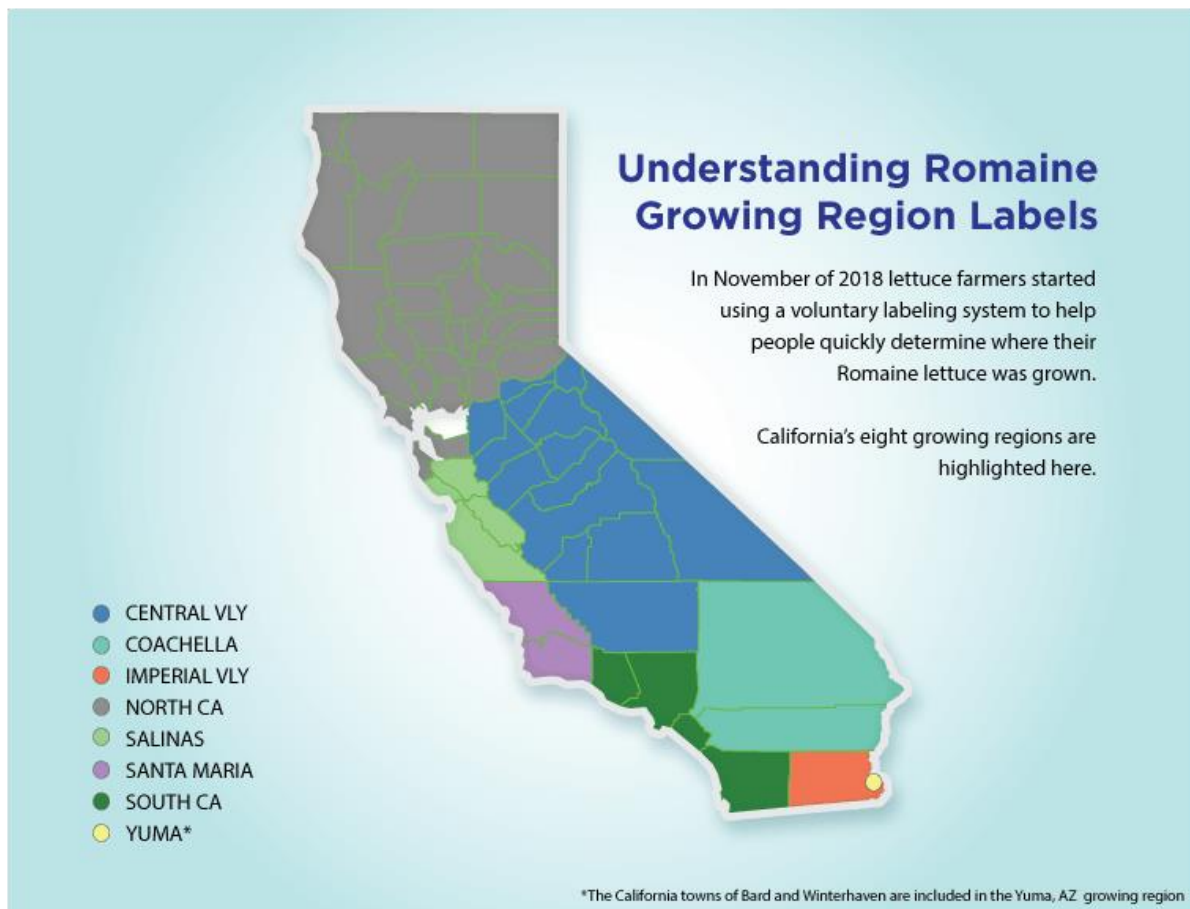


Where is my Romaine Lettuce From?

Wondering where your lettuce is from? According to the United States Department of Agriculture approximately 80% of the Romaine lettuce grown in the United States comes from California. Most Romaine lettuce from California is labeled with the region where it was grown using eight different geographical names. The map below indicates the region of California the lettuce labels correspond with so you know where your lettuce was grown.



SALINAS	Monterey, San Benito, Santa Cruz and Santa Clara counties grow from April – November
SANTA MARIA	San Luis Obispo and Santa Barbara can grow year-round
IMPERIAL VLY	Imperial county grows from November - April
COACHELLA	Riverside and San Bernadino counties grow November - April
CENTRAL VLY	San Joaquin, Stanislaus, and Fresno counties grow seasonally in the Spring and Fall
SOUTH CA	Ventura, Los Angeles and Orange counties can grow year-round
YUMA	Primarily Arizona, but can include Bard and Winterhaven, CA grow November – April
NORTH CA	does not include any major lettuce growing regions

Romaine Growing Regions Outside of California

During the Winter months much of the Romaine lettuce is grown outside of California. Below are details on some of the other growing regions.

ARIZONA

- Yuma
- North AZ
- Phoenix
- South AZ



Mexico



Other Romaine Lettuce growing regions may use a 2-letter state, province or territory abbreviation